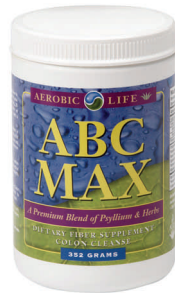




# Total Body Cleanse

for COLON , BLOOD, & LYMPH



Item # 3002

You will need One (1) bottle



Item # 3008

You will need Three (3) bottles

## ABC MAX Bulk Powder 12oz

### *Premium Formula:*

**Psyllium Husk** -(premium grade) we use only the highest quality fiber which provides best results

**Onion** - breaks up phlegm, helps to release fluid retention, relieves gas pain, and prevents spasm

**Dandelion Root** - very nutritious, diuretic, cleanses blood and liver, gentle stool softener

**Licorice** - breaks up mucus, anti-inflammatory, healing to mucus membranes, relieves heartburn

**Spirulina** - The perfect food! Provides an abundance of nutrients, protein and chlorophyll

**Cloves** - anti-parasitic, relieves gas pains, prevents nausea, antiseptic, prevents spasm

**Black Walnut Hulls** - aids digestion, expels worms and parasites, stool softener, anti-fungal

**Garlic** - natural antibiotic, breaks up mucus, promotes detoxification, boosts immune system, and aids circulation

**Yellow Dock** - blood cleanser, improves liver function and acts as a mild stool softener

## ABC MAX Herbal 90 Caps

### *Premium Formula:*

**Chickweed** - blood cleanser, aids digestion, may lower blood lipids

**Irish Moss** - soothes inflammation, stool softener, aids stool formation, breaks up mucus

**Marshmallow** - (leaves and root) - soothing to mucous membranes and expels excess fluids

**Bayberry Bark** - astringent, helps to stop bleeding, boosts immune system, aids circulation ,acts as a decongestant

**Plantain** - anti-inflammatory, diuretic, antibiotic, soothing to tissues and acts as a stool softener

**Golden Seal Root** - supports liver function, supports lymphatic system, anti-inflammatory, anti-fungal, anti-bacterial, aids digestion

**Milk Thistle** - liver cleanser, soothes irritation, supports weakened immune system, and acts as a strong antioxidant and free radical scavenger

**Barberry Bark** - anti-bacterial, anti-fungal, anti-inflammatory, promotes intestinal movement

**Cloves** - anti-parasitic, relieves gas pains, prevents nausea, antiseptic, prevents spasm

**Rosemary** - liver cleanser, stimulates circulation

# Total Body Cleanse for Colon, Blood, & Lymph

## Directions

The **ABC MAX powder** and **ABC MAX Herbal caps** may be taken at any time during the day. For best cleansing results, take before meals. Be sure to drink a minimum of 64 ounces of water throughout the day. (*Sorry coffee and soda do not count!*) The Gastro Intestinal Tract (G.I. Tract) will need this additional moisture to aid in the detoxification process.

**Mix: ABC MAX powder** into 8-12 ounces of water or juice (may help improve flavor), stir well then drink quickly. Follow with the **ABC MAX Herbal cap(s)** as directed.

If at anytime during the cleanse you feel uncomfortable or experience gas or bloating, you may skip one day then resume the program as necessary. Our program is very flexible!

*E-mail any questions you may have to [sales@aerobiclife.com](mailto:sales@aerobiclife.com)  
or Call us at 800-798-0707*

Schedule	ABC MAX Powder		MAX Herbal Caps	
	<i>Level Tea Spoon(s) per SERVING</i>	<i>How many TIMES per DAY</i>	<i>How may CAPS per SERVING</i>	<i>How many TIMES per DAY</i>
<b>Days 1-10</b>	2	3	NONE	NONE
<b>Days 11-15</b>	2	2	1	1
<b>Days 16-27</b>	1	2	2	2
<b>Days 28-33</b>	1/2	2	3	4
<b>Days 34-45</b>	NONE	NONE	3	4

## The Key to a Healthy Digestive System is Daily Maintenance!

We recommend the following Aerobic Life products:

**Mag07 The Ultimate Oxygen Colon Cleanse** - Works as a stool softener & delivers oxygen throughout digestive system.

**Colon Care Plus** - Premium grade Psyllium and Oat Straw to help you meet daily fiber requirements.

**Desert Delight 100% Organic Aloe** - No Water added! Our juice is hand filleted & cold processed.

**Aerobic Digestive Enzymes** - Essential for proper Digestive System health & function.

**IMPORTANT:** Due to the detoxifying effect of this product, it is not abnormal for the body's cleansing reactions to include a loosened bowel, more frequent urination etc. However, we must encourage you to seek the advice of a qualified physician in the event of these or any other unusual reactions in case of allergy to an herb or other ingredient. Aerobic Life Industries authorizes absolutely no medical claims or "claims to cure". All ingredients are herbal and Natural, and are formulated for prevention. Please consult your health care professional before using any product or beginning any health program, especially if you have a pre-existing medical condition